

ORGANIC VEGAN DAIRY-FREE SOY-FREE GLUTEN-FREE

# SUPERFOOD SMOOTHIE POPS

A frozen, ready-to-eat, probiotic-fueled smoothie snack that combines some of the most nutrient-rich, organic whole foods and superfoods on the planet.

- 6 POPS PER BOX
- ORGANIC FRUITS AND VEGETABLES
- PROBIOTICS
- SUPERFOODS



INTERSTATE FOOD GROUP | LAKESIDE FOODS



## superberry smoothie pops

INGREDIENTS: ORGANIC APPLE PUREE (ORGANIC APPLES, ASCORBIC ACID), ORGANIC BANANA PUREE (ORGANIC BANANAS, ASCORBIC ACID), ORGANIC STRAWBERRY PUREE, ORGANIC APPLE JUICE CONCENTRATE, ORGANIC ACAI PUREE (ORGANIC ACAI PULP, CITRIC ACID), ORGANIC CAULIFLOWER PUREE, ORGANIC LUCUMA POWDER, ORGANIC LEMON JUICE CONCENTRATE, ORGANIC MILLED CHIA FLOUR, ORGANIC BEET JUICE CONCENTRATE, BACILLUS COAGULANS MTCC 5856 (PROBIOTIC), ORGANIC NATURAL FLAVOR.



## supergreen smoothie pops

INGREDIENTS: ORGANIC APPLE PUREE (ORGANIC APPLES, ASCORBIC ACID), ORGANIC BANANA PUREE (ORGANIC BANANAS, ASCORBIC ACID), ORGANIC PINEAPPLE JUICE, ORGANIC CUCUMBER PUREE, ORGANIC APPLE JUICE CONCENTRATE, ORGANIC KALE PUREE, ORGANIC LEMON JUICE CONCENTRATE, ORGANIC SPEARMINT, ORGANIC LUCUMA POWDER, ORGANIC SPIRULINA POWDER, BACILLUS COAGULANS MTCC 5856 (PROBIOTIC), ORGANIC MILLED CHIA FLOUR.



## supermango smoothie pops

INGREDIENTS: ORGANIC MANGO PUREE, ORGANIC APPLE PUREE (ORGANIC APPLES, ASCORBIC ACID), ORGANIC BANANA PUREE (ORGANIC BANANAS, ASCORBIC ACID), ORGANIC PINEAPPLE JUICE, ORGANIC APPLE JUICE CONCENTRATE, ORGANIC SWEET POTATO PUREE, ORGANIC LEMON JUICE CONCENTRATE, ORGANIC LUCUMA POWDER, ORGANIC TURMERIC, ORGANIC MILLED CHIA FLOUR, ORGANIC NATURAL FLAVOR, BACILLUS COAGULANS MTCC 5856 (PROBIOTIC).

### Nutrition Facts

2 servings per container  
Serving size 3 Pops 2/3 Cup (155 mL)

	per serving		per 1.75 fl oz pop	
Calories	130		45	
	% Daily Value*		% Daily Value*	
<b>Total Fat</b>	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	10mg	0%	0mg	0%
<b>Total Carbs</b>	29g	11%	10g	4%
Dietary Fiber	3g	11%	1g	4%
Total Sugars	22g		7g	
Incl. Added Sugars	3g	6%	1g	2%
<b>Protein</b>	2g		1g	
Vitamin D	0mcg	0%	0mcg	0%
Vitamin C	28mg	30%	9mg	10%
Calcium	20mg	2%	7mg	0%
Iron	1mg	6%	0mg	0%
Potassium	331mg	8%	110mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Nutrition Facts

2 servings per container  
Serving size 3 Pops 2/3 Cup (155 mL)

	per serving		per 1.75 fl oz pop	
Calories	120		40	
	% Daily Value*		% Daily Value*	
<b>Total Fat</b>	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	10mg	0%	0mg	0%
<b>Total Carbs</b>	29g	11%	10g	4%
Dietary Fiber	2g	7%	1g	4%
Total Sugars	22g		7g	
Incl. Added Sugars	3g	6%	1g	2%
<b>Protein</b>	2g		1g	
Vitamin D	0mcg	0%	0mcg	0%
Vitamin C	16mg	20%	5mg	6%
Calcium	20mg	2%	7mg	0%
Iron	1mg	6%	0mg	0%
Potassium	300mg	6%	100mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Nutrition Facts

2 servings per container  
Serving size 3 Pops 2/3 Cup (155 mL)

	per serving		per 1.75 fl oz pop	
Calories	130		45	
	% Daily Value*		% Daily Value*	
<b>Total Fat</b>	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	5mg	0%	0mg	0%
<b>Total Carbs</b>	30g	11%	10g	4%
Dietary Fiber	3g	11%	1g	4%
Total Sugars	22g		7g	
Incl. Added Sugars	2g	4%	1g	2%
<b>Protein</b>	2g		1g	
Vitamin D	1mcg	6%	0mcg	0%
Vitamin C	15mg	15%	5mg	6%
Calcium	21mg	2%	7mg	0%
Iron	1mg	6%	0mg	0%
Potassium	325mg	6%	108mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CASE/PACK SIZE	CASE DIMENSIONS	CASE WEIGHT	CASES PER PALLET	TI/HI	HORIZONTAL BOX SPECS	VERTICAL BOX SPECS
8/10.5 oz	8L x 8.25W x 8.625H	6.5 lbs	140	20/7	8W x 3.75H x 2D	3.75W x 8H x 2D